

**FORT ZUMWALT SCHOOL DISTRICT**  
**2021-2022 REFERRAL AGENCIES FOR POSSIBLE CHEMICAL DEPENDENCY/COUNSELING**

<b>AGENCY</b>	<b>ADDRESS</b>	<b>PHONE/ CONTACT</b>	<b>SERVICES</b>	<b>FEE</b>	<b>ACCEPT INS.</b>
<b>Psychological Services</b>	1031 Peruque Crossing Ct. O'Fallon, MO 63366	636-887-3655 Nathan Lundin, LPC Kevin Tennill, LPC William Brown, LPC Ryan, Espenschied, LPC	Family Counseling, Bereavement, Sexual Abuse Victims, Family Counseling, Marital Issues, Adolescent Concerns Depression with a Focus on Females Depression, Sexual Disorders ADD/ADHD	Sliding Scale Starting at \$105	Yes
<b>Saint Louis Counseling</b>  Formerly Catholic Family Services (serves all denominations) <a href="https://saintlouis counseling.org/office-locations/">https://saintlouis counseling.org/office-locations/</a>	311 South Main Street, Ste. 100, O'Fallon, MO 63366  Multiple Locations Union, O'Fallon, Crestwood, Troy, Bellefontaine Neighbors, Herculaneum, Florissant	Ask for: Counseling Worker 636-281-1990  Kelly DeGeare MSW, LCSW Amy Ilgenfritz, MA, LPC Katie Ingebretson MSW, LCSW Nathan Larson, MSW, LCSW Zane Maus, MA PLPC Judy Niehous, MSW, LCSW Debi Bianchi, MSW, LCSW	Assessment Anger Management, couples counseling Children of Divorce & Death Grief & Trauma Parenting classes (only certain locations) Bullying Decision-making skills Social Skills Anxiety Depression Self-Esteem ADD, RAD, PTSD, Parenting the Love and Logice way, and special-education issues Autism spectrum disorders EAP Assistances Psychiatry (some locations)	Sliding Scale Fee  If funding is available, kids under 18 can be seen at no cost provided from CCRB grant	Yes
<b>Charlespointe Counseling Consultants</b>	115 Piper Hill Dr., Suite 103 St. Peters, MO 63376	636-947-2325 Mary Kardasz PhD, LPC, LMFT	Counseling - Individual Marital & Couple Counseling Eating Disorders Anger Management, Grief, Terminal Illness, Depression, Anxiety,  Trauma - Sexual and physical abuse, relationship issues families, attachment disorders, Bullying, PTSD, support for military families, and drug/alcohol counseling	\$115 per visit	UMR Well First Blue Cross/ Blue Shield United Health Care  Healthlink  Cigna
<b>Compas Health Network</b>  Formerly Crider Mental Health	1032 Crosswinds Ct. Wentzville, MO 63385  102 Compass Point Drive St. Charles, Mo. 63301	636-332-6000  Mainline-844-853-8937 636-946-4000	Psychiatric Case Management Medical Services Dental Services Mental Health Services:Psychiatry & Case Management Counseling Services	Sliding Scale Fee	Medicaid Medicare

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<b>Lutheran Family &amp; Children Services</b>	St. Charles County Counseling Office: 100 Piper Hill Dr. St. Peters, MO 63376	636-949-5522 <a href="http://www.lfcsmo.org">www.lfcsmo.org</a>	Family Counseling Individual Counseling Marital Counseling (Limited Services) Adoption Foster Care Crisis/Unplanned Pregnancy Services Volunteer/Community Service Opportunies Day Care Services in Jennings	Sliding Scale Fees  CCRB Grant Medicaid (very	Yes
<b>Total Lifeskills Counseling</b>	16100 Chesterfield Pkwy. West Chesterfield, MO 63017	Tanya L. Crew 636-728-0510	Individual, Family and Play Therapy Including Social and Emotional Wellness, Assessments, Consulting and Education Presentations Grief Support/Intervention with Children and Family		Yes No medicaid
<b>Shirley Vandiver M.Ed., LPC</b>	300 Ft. Zumwalt Square O'Fallon, MO 63366	636-240-3931	Christian Counseling Presently doing Teletherapy		Yes
<b>St. Charles Psychological Dr. Theta Gribbons, PhD Dr. Sarah Grafeman</b>	60 Hill Pointe Court, Suite 206 St. Charles, MO 63303	636-493-9912 fax: 636-493-9913	Autisum Evals, Intelligence Testing, Learning Disabilities, Social/Emotional Difficulties, Anger Mgmt., DBT skills.		Yes
<b>Family Life Counseling &amp;</b>	4142 Keaton Crossing Blvd. Suite 101 O'Fallon, MO 63368	636-300-9333 Lisa Panicola, LPC Kelly Karavousanos, LPC Dustin Adamo, Ph.D. Jacqueline Weydert, LCSW Chris Derix, PH.D. Susan Shuman Ph.D. Lisa McGrath Cory Standridge, LPC Ashley Chambers, LPC (teens)	Eating disorders. Co-Parenting Family, Marital/Couples, Individual Counseling Psychological Testing & pain evaluation Play Therapy (starting at age 3)  Monday - Thursday 9:00 am-7:00 pm Friday 9:00 am - 12:00 pm Therapist schedules vary	Insurance covers 80%	Yes <b>Blue Cross Health Link Mohealth.net Medicare *in network</b> United Health Care Aetna Cigna
<b>Sandhill Counseling &amp; www.sandhillcounseling.com</b>	801 South Woodlawn Ave, Ste. 15 O'Fallon, MO 63366	636-379-1779 636-634-3496 (fax)  Several different therapists in practice	Individual, Group and Family Therapy Available Executive Functioning Assessment Child and Adolescent Therapy Anger Management ADHD Assessment and Counseling Depression and/or Anxiety, BiPolar Issues Relationship Skills and Education Eating Disorders Grief and Loss LGBTQIA+ Self-Esteem Issues Self Harm Concerns Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	Private Pay (varies by therapist)	Yes (varies by therapist) Aetna Anthem/ BCBS UHC (Commercial)

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<b>Kaleo Counseling Services</b> <a href="http://www.kaleostl.com">www.kaleostl.com</a>	5498 St. Charles Street Cottleville, MO 63304  8050 Watson Rd, Suite 335 St. Louis, MO 63119	636-447-0100 Martha Ankney, MAC, LPC Greg DeNeal, MAC/GTS, LPC Christy Brimm, MAC, MATS, PLPC Greg Milford, MAC, PLPC Samantha Johnson, MA, PLPC Chris Rachocki, MAC, LPC Ginnie Jones, MAC, CIT Nikki Peters, MAC, CIT Marty Lintvedt, MA, LPC, NCC, ACS	<b>Christian Counseling:</b> Individual, Couples, Children & Family Depression and/or Anxiety Grief & Loss Trauma Family Conflict Sexual Addiction Codependency Relationship Issues Emotional and/or Sexual Abuse	Private Pay LPC: \$105/hr PLPC: \$75/hr CIT: \$75/hr Student Intern: \$10/hr	Yes (varies by therapist) Anthem/ BCBS UHC Cigna Tricare Healthlink ComPsych Beacon Health ACI Specialty
<b>Parenting &amp; Child Conduct Counseling</b> <a href="https://www.pccc.center/">https://www.pccc.center/</a>	912 Jefferson St. St. Charles, MO 63301	636-674-9583 678-298-7523 (fax) Andy Anderson, MA, LPC, KPMT Juli Hillyer, MA, LPC Shelly Stillman, MA, LPC Wendy Macias, M.Ed, PLPC Jackie Steinrauf, MA, CIT Priscella Williams, LMSW	Parent Management Training Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Problem Solving Skills Training Cognitive Behavioral Therapy (CBT) LGBTQIA+ Conduct Disorders Depression and/or Anxiety Victims of abuse and/or neglect	Private Pay (varies by therapist)	Yes (varies by therapist) State Medicaid Most Managed Care
<b>Psychiatric Care and</b> <a href="https://www.perc-stl.com/">https://www.perc-stl.com/</a>	4132 Keaton Crossing Blvd, Ste. 201 O'Fallon, MO 63368	636-244-3589 John Canale, M.D. Howard Ilivicky, M.D. Kelly Govro, MMS, PA-C Jan Chartrand, RN, M.Ed, LCSW, LPC Misty Hause, MA, LPC, NCC	Psychiatric Services Individual & Family Counseling Depression and/or Anxiety Bipolar Disorder Victims of abuse and/or neglect Unhealthy Relationships	n/a No charge for clinical studies: Major Depression, Bipolar Disorder & Schizophrenia	Yes
<b>River Birch Counseling</b> *See Facebook Page for more details*	1284 Jungermann Rd. St. Peters, MO 63376	636-498-0700  Several different therapists in practice	Grief & Loss Substance Abuse Cognitive Behavioral Therapy (CBT) Individual and/or Couples Counseling Trauma Therapy: EMDR available	Private Pay (varies by therapist)	Yes (varies by therapist)
<b>LIfEStance Health</b>	255 Spencer Road #201 St. Peters, MO. 63376  255 Spencer Road #101 St. Peters, MO. 63376	636-939-2550 or 636-477-6111	Many Therapists and Psychologists in office For all ages  Adolescent Intensive Outpatient Group Therapy		Yes
<b>Family Life Counseling and</b>	4142 Keaton Crossing Blvd. #101	636-300-9333	Numerous Psychologists/Counselors, Individual therapy, family  Child Behavior Therapy, Trauma Therapy, Anger Management  Psychological Evals, Learning Disability Testing, ADHD Testing For All Ages		Yes
<b>Psych Care Consultants</b> St. Peters St. Louis County	4905 Mexico Road #300 St. Peters, MO. 63376 621 New Ballas Rd # 398 St. Louis, MO 63141	636-928-5109  New Ballas 314-569-1717	Therapists and Psychiatrists outpatient therapy  Adolescent and Children Adolescent Intensive Outpatient Group Therapy		Yes

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<b>Unlimited Potential Counseling &amp; Education Center</b>	1654 Bryan Road O'Fallon, MO 63368  <a href="http://www.unlimitedpotentialstl.com">www.unlimitedpotentialstl.com</a>	Several Therapists and a Reading Specialist  636-344-0433 <a href="mailto:emily@unlimitedpotentialstl.com">emily@unlimitedpotentialstl.com</a>	Counseling: Anxiety, ADD/ADHD, Bipolar, Depression, Family Counseling, Gifted & High Ability, Infertility & Miscarriage, Learning Disabilities, Parenting Concerns, PTSD, Autism Spectrum and Asperger's Group Counseling: Stress/Anxiety, Executive Functioning, Social Skills Dyslexia Tutoring Services and Assessments		Yes
<b>Baue Funeral Homes</b>	620 Jefferson St. St. Charles, MO 63301	636-940-1000 Kristen Ernst	Grief Support/Crisis Intervention with Individual and Family Grief Support Education for Teachers and Students	Reduced rates available	Yes
<b>The Child Center</b>	989 Heritage Parkway Wentzville, MO 63385	636-332-0899 Elphanie Swift, Executive Director	Forensic Interviews (for abuse) S.A.F.E. (Sexual Assault Forensic Exam) - Contracted Out Therapy (Access within hotline intervention) Victim Advocate Prevention Programs: Sexual Abuse, Assault, Harrasment, Cyberbullying, Body Safety Internet Safety in Elementary, Middle School Parent & Professional Programs Parent support group	No Fee/No Cost Sliding Scale Fee	Yes - If Contracted to outside agency
<b>Youth In Need</b>	1815 Booneslick Rd.	636-946-5600	24 Hour Shelter 636-946-3771 -emergency # Youth Connection Hotline - 636-642-0642	Free	N/A
<b>Burkemper Counseling Center</b>	516 Jefferson Street St. Charles, MO 63301	Sr. Director: Cara Meritt, 636-946-0101 ext. 1416	Individual, Group, or Family Counseling  Transitional Living Program - Homeless, Cherrah Dodds, 314-249-4568, for St. Charles, Lincoln & Warren County. Amanda Steinmeyer, 314.835.7826, for St. Louis City & County. Safe Place outreach team, 314.280.0941.		
<b>The Women's Center Shelter (domestic violence only) Sexual Assault Program through Bridgeway</b>	P.O. Box 51 St. Charles, MO 63302  Robertson Center - Lincoln County	636-224-1800, press 2 24 hr. sexual assault & domestic violence hotline Director: Chrstine Rupp  636-224-1000, press 1 Mary Jones, Community Manager 636-224-1864	Public virtual support groups on Tuesdays @ 7:30-8:30 pm. Counseling - A FREE SERVICE Outreach for women who have witnessed domestic violence Domestic violence shelter for women and children Sexual assault counseling Troy Location - Support group on Monday & Virtual support Troy location also provides services for male clients on outreach	Free	Free

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<b>*Preferred Family Health Care</b>	2120 Parkway Drive St. Peters, MO. 63376  2 Westbury St. Charles, MO 63301	Hannah McNiss 636-332-5835 <a href="http://pfh.org">http://pfh.org</a> Reagan Taggart 636-946-6376	Drug & alcohol Treatment Assessment Outpatient Rehabilitation  St. Charles - also has Inpatient Rehabilitation for Adults and Adolescents	Sliding Scale Fees	Yes/Medicaid
<b>*Bridgeway Behavioral Health</b>	1570 S. Main Street St. Charles, MO 63303	636-224-1000 <a href="http://bridgewaybh.com">bridgewaybh.com</a>  D.V. Crisisline: 877-462-1658	Addictive Disorders - Adults & Adolescents Alternatives to violence and abuse Compulsive Gambling Adolescent Program Domestic Violence - Services & Emergency Shelters Sexual Assault - SART, Advocacy, Prevention & Education Substance Abuse Traffic Offenders Program	Sliding fee scale	Yes
<b>*The Crossroads Program</b>	626 Cepi Drive Chesterfield, MO 63005	Trace Neet 636-532-9991	12 Step Recovery  Serves 13-25 years old in an intensive outpatient program setting		Payment plan available if needed
<b>*National Council on Alcohol &amp; Drug Abuse</b>	9355 Olive Blvd. St. Louis, MO 63132	314-962-3456 <a href="http://www.ncada-stl.org">www.ncada-stl.org</a>	Alcohol/Drug Assessment for adults and adolescents Referral Services Transitional counseling program for teens age 13-19 years old ( for teens experimenting with early use) **An assessment is completed to qualify for program Prevention Education in Schools - Call for fee amount		Assessment \$25.00 for 19 and under free but needs to be present
<b>*Asure Test Inc.</b>	2101 Collier Corporate Parkway, St. Charles, MO 63303	636-916-0050	Lab test for substance use including alcohol DNA testing, hair, toe nail, fingernails, urine. On site testing available.	\$35+	NO
<b>*Center Point Hospital</b>	4801 Weldon Springs Pkwy St. Charles, MO 63304	636-441-7300 Ask for Intake  <a href="http://www.centerpointehospital.com">www.centerpointehospital.com</a>	Intake Assessment w/parent & student Hospitalization & Therapy (Inpatient) Outpatient Evening Program 14-17 yrs. Old 24 hour mental health assment free of charge Inpatient admission and group counseling	No Fee Depending Upon Program & Needs	Yes
<b>*SSM Behavioral Medicine St. Joseph Health Center  DePaul Hospital</b>	500 Medical Dr. Teens ages 13-17  12303 DePaul Dr. Adults & kids (3-17)	636-327-1000 800-426-2083 314-344-6700 Intake phone numbers	Assessment Inpatient Care - with Follow Up & After Care Intensive Outpatient for Adolescents at DePaul Hospital Inpatient & Outpatient Chemical Dependency for adults only ( ages 18-59)	No fee for assessment Dependent on Referral	Yes
<b>Mercy Behavioral Health St. Louis</b>	615 S. New Ballas Rd. St. Louis, MO 63141	314-251-6565	Mental health (6-Adult) inpatient services, assessment ; and a Behavioral Health Clininc on Saturdays from 9am - 3pm (Walk ins Only)	BASED ON INSURANCE	Yes

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<b>Mercy South Hyland Behavioral Health</b>	10018 Kennerly Road St. Louis, MO 63128	314-525-4412	Inpatient Behavioral Health Treatment (no detox) Psychiatric/Dual Diagnosis (BH Primary) Out Patient Adolescents Program Assessments Outpatient Chemical Dependency Adolescents - Ages 12 & Up Clinic for individual counseling	Varies	Yes
<b>Sts. Joachim &amp; Ann Care Service</b>	4116 McClay Road St. Charles, MO 63304	636-441-1302 <a href="http://www.jacares.org">www.jacares.org</a>	Disaster Recovery Food Pantry Housing Assistance Help coordinate services Transportation Basic needs Adopt a Family Christmas Street Outreach		
<b>WIC</b>	1650 Booneslick Rd. St. Charles, MO 63301  305A Mid Rivers Mall Dr. St. Peters, MO 63376	636-949-7402	Supplemental foods for low income pregnant, breast feeding/non-breastfeeding postpartum mothers	None Needed	
<b>Thrive - Pregnancy Resource Center</b>	305 A Mid River Mall Dr. St. Peters, MO 63376	636-278-1212 or 24 hour helpline (314) 773-4626 or Text: FREETEST to 25827	Free & confidential services for men and women (STD & pregnancy testing, counseling, ultrasound services, and pregnancy options) Walk-ins Welcome Hours M 10:00-7:00 T 10:00-6:00 W 9:00-5:00 TH 10:00-5:00 F 9:00-3:00 SAT CLOSED Parent University- Parenting and Life skills classes. Social services and/or referrals for housing medical care, counseling utility assistance, food, and more.	Low cost/No cost medical services	They will accept insurance but you do not have to have insurance
<b>LINC</b>	9 Love Park Lane Wentzville MO 63385	636-332-5127 <a href="https://lincsc.org/">https://lincsc.org/</a>	Youth & Families free counseling Anxiety, depression, anger, bullying & being bullied, social skills, selfconfidence, and coping skills.  Hope Food Pantry, Child Care Services, Will provide personal care items and clothing to children under 18, financial counseling and emergency aid, crisis nursery, student summer lunch program, Foster grandparent program, holiday help, back to school, community garden, and fee warming center response for december-march call 636-395-0492	Free	No

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<b>COUNSELING CENTERS</b>					
The Child Center	989 Heritage Pkwy Wentzville, MO 63385	636-332-0899	Counseling for clients must be referred, play therapy, forensic interviews, and prevention programs	Insurance and The Child Center funds	Yes
River Birch Counseling	1284 Jungermann Rd St. Peters, MO 63376	Multiple counselors available: 636-498-0700	Counseling, Child & Adolescent Therapy Cognitive Bheavioral Therapy Couples Counseling Trauma Therapy	Based on insurance	Yes
Partridge Counseling	120 O'Fallon Plaza O'Fallon, MO 63366	636-240-2240	Dr. Linda Partridge provides all services to all ages	100 dollars an hour	Yes- Athem, BCBS, or Pay out of pocket
Lesa Bergman, MA, LPC	206 Center on the Lake - in Lake St. Louis call and they will give you directions	636-699-2165	Part time sees ages 7 and above	Depends on insurance	Yes- Does not accept straight Medicaid or SSM. Has sliding scale if you don't have insurance.
CharlesPointe Counseling	115 Piper Hill Suite 103 Dr. St. Peters, MO 63376	636-947-2325	Dr. Mary Kardasz Ph.D, LPC, LMFT works with High school services, Adults experiencing, depression, anxiety, grief and mood disorders, Marital and Family Therapist, and Eating disorders expert and trauma  William Cunningham MA, LPC works with children dealing with adjustment problems, blended families, attachment disorder, behavioral issues, anxiety, depression, and spectrum issues. He works with teens, adults, and sports psychology	\$125/Ph.D (1st visit) \$60 Sliding Scale Masters Level Counseling Marrige \$115 \$125 1st session & \$75 for additional sessions	Yes Medicaid for Children only
Bonnie Wessler, LCSW	9979 Winghaven BLVd Suite 204 O'Fallon 63368	314-703-7360	Only sees adults over the age of 18	co pay based on insurance. if you don't have insurance she will arrange a fee, sliding scale might be an option	Yes
Lakeside Counseling Services	219 N 5th St. St. Charles, MO 63301	Dr. Tamara Dorey 636-946-2030	Marriage and Couples Therapy Pre-martial Therapy Family Therapy, Play Therapy Individual counseling for children, adolescent, adults, and elder adults Treatment for emotional and behavioral disorders of those who span a broad geographic ethnic and economic range Preliminary assessment and referral to other services agencies as needed Parent and public education and professional consultation	Depends on insurance	Yes

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Lutheran Family and Children Services	100 Piper Hill Drive St. Peters, MO 63376	636-949-5522 or 1-866-326-5327 or 1-800-785-8546 24 Hour Support for Women Considering Adoption	Intake Assessment Family Counseling Individual Counseling Marital Counseling (Limited Services) Adoption Foster Care Crisis/Unplanned Pregnancy Services Volunteer/Community Service Opportunies Disaster Relief Day Care Services in Jennings	Sliding Scale Fees CCRB Grant, Medicaid (very Minimal)	Yes
Dr. Peter Feuerstein and JoAnn Gehner-Johnson LPC (Psychologist) Children & Family Psychology Center LLC	2536 S Old Hwy 94 Suite 230 St. Charles, MO 63303	636-447-1744	Pediatric/ Child & Family services	Depends on insurance	Yes. They do not accept Medicaid, Tricare, Or Mercy
<b>SELF HELP SUPPORT GROUPS</b>					
Alcoholics Anonymous	636-970-0013 or 314-647-3677		<b>INSURANCE:</b> <b>YES INDICATES THEY ACCEPT INSURANCE BUT DOES NOT GUARANTEE INSURANCE COVERAGE- SEE IF YOUR PROGRAM COVERS THESE TYPES OF SERVICES (SOME DO NOT)</b>  This list is not meant to be all-inclusive of agencies offering services for chemical dependency. Another agency may be used for an intake assessment with prior approval of the building principal.  <b>*denotes - Special Services for chemical dependency.</b>		
BHR mental health crisis hotline	636-642-0642 or 1-855-642-0642				
Hyland Behavioral Health	314-525-4400				
Kids under 21 (KUTO) crisis hotline	314-644-5886 or 1-888-644-5886				
Nat'l Council on Alcoholism & Drug Abuse	314-962-3456				
Narcotics Anonymous	818-773-9999				
B.I.L.Y. (Because I Love You) Parent Support Group	314-993-7550				
Behavioral Health Response	800-811-4760				
Covenant House Nineline	800-999-9999 or 314-533-2241				
MO Child Abuse & Neglect Hotline	800-392-3738				